

New Jersey is preparing for a flu pandemic.

You should too.



- **Have a family emergency plan.**



- **Practice healthy habits.**



- **Keep informed & listen to advice from medical experts.**

The New Jersey Department of Health and Senior Services has been preparing for a possible flu pandemic, a worldwide flu that could threaten the lives of millions. Follow these steps to protect yourself and those around you. Visit www.NJflupandemic.gov for useful information on how to prepare for a flu pandemic.

Get flu ready, New Jersey



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